

Injuries, Hydration issues, Hazardous Mammals, Mosquitoes and Ticks, Spiders, Bees, Wasps, Snakes, Hazardous Plants, Medical Problems in the wilderness and Rescue Scenarios.

Prerequisites

All students must be certified as a First Responder (Any State or Nationally Certified) or National Ski Patrol Outdoor Emergency Care (OEC) Technician prior to the beginning of the class.

Course Scheduling Information

For open enrollment Wilderness First Responder courses visit www.wildernesseri.com.

To set up a course or if you have a question contact -
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Windber, PA 15963
814-659-7017
administration@wildernesseri.com

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PO Box 24
Windber, PA 15963



Wilderness First Responder (WFR) Course



16-Hour Course

Who is ASHI

The American Safety and Health Institute (ASHI) is a not-for-profit association of professional safety and health educators providing nationally recognized training programs through more than 4,000 approved Training Centers across the United States and in several foreign countries. ASHI collaborates with a wide variety of other organizations to produce public safety & health products, materials and services that meet or exceed the needs of the membership.

ASHI Mission Statement

To continually improve safety and health education by promoting high standards for members, principals of sound research for curriculum development and the professional development of safety and health instructors worldwide.

What is Wilderness Medicine

Wilderness Emergency Care (WEC) is a program that trains and certifies people to cope with wilderness hazards and emergencies. While the focus of ASHI's training is on wilderness situations, the skills that ASHI teaches can be used in

urban emergencies as well. In fact, you can think of urban emergency training as a special case of wilderness training, for situations where you have more resources, and professional help is usually no more than ten minutes away. But if a major disaster disrupts urban services and cuts you off from urban resources, then the purpose of emergency care you are in a wilderness situation.

ASHI's WEC courses should therefore appeal not only to those who do wilderness activities, but also to those who want to prepare for disasters and to anyone who wants more thorough intensive training than most urban oriented courses can offer. In WEC programs, individuals are trained to think – use their brains as well as their hands. Individuals are also trained to improvise with whatever they have or can find at the scene.

Wilderness First Responder (WFR) Upgrade course

This course is meant for students who are already certified as a state certified or nationally registered First Responder or National Ski Patrol Outdoor Emergency Care (OEC) Technician and need to add

wilderness skills and knowledge to be certified as a Wilderness First Responder. They should already know human anatomy and physiology, and be familiar with common injuries as well as medical problems. Individuals should be able to do patient assessment and basic injury care, including spinal management.

General Information

The course is provided in a lecture and skills station format. The students are expected to participate 100% in all classroom and practical stations as well as attend all lectures. The student will be given a written exam and practical exam, which requires successful completion to receive certification. Wilderness First Responder certification is only applicable if the cardholder has a current First Responder or Outdoor Emergency Care Technician certification. The Wilderness First Responder certification is a two-year certification.

Topics that will be covered in the course are an Introduction and Training for Wilderness Emergencies, Wilderness Medical Kits and Equipment, Primary and Secondary Surveys and Anatomy, Wound and Burn Care, Bone and Joint Injuries, Splinting Practices, Spinal Management, Heat Illnesses, Cold Related Illnesses, Altitude Illnesses, Lightning Injuries, Sun