

Course Scheduling Information

For open enrollment CPR courses visit www.wildernesseri.com.

To set up a course or if you have a question contact -
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Wilderness Emergency Response Institute, LLC
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Cardiopulmonary Resuscitation Course (CPR)



8-Hour Course

Who is ASHI

The American Safety and Health Institute (ASHI) is a not-for-profit association of professional safety and health educators providing nationally recognized training programs through more than 4,000 approved Training Centers across the United States and in several foreign countries. ASHI collaborates with a wide variety of other organizations to produce public safety & health products, materials and services that meet or exceed the needs of the membership.

ASHI Mission Statement

To continually improve safety and health education by promoting high standards for members, principals of sound research for curriculum development and the professional development of safety and health instructors worldwide.

Cardiopulmonary Resuscitation (CPR) for the Professional Rescuer

This course is meant for Emergency Medical Providers both volunteer and

professional, community and workplace lay rescuers as well as any individual that needs to be trained in CPR.

The individual wishing to take CPR for the Professional Rescuer does not need to have any prior medical or first aid training. This course is the equivalent to the American Red Cross® and American Heart Association® CPR courses.

General Information

The goal of CPR training is to provide people with the knowledge and skills necessary in an emergency, to recognize the emergency, to call for help, to provide temporary CPR and to use an AED to help resuscitate a victim/patient.

This course also includes information on the prevention of injury and illness by focusing on early warning signs, accident and injury prevention and healthy lifestyles.

Students must successfully complete skill station evaluation and pass the written examination with a passing score of at least 80%. If a student should score less than 80% on the written examination, an alternative test is available. If the student scores lower than 80% on the second test, ASHI requires that the student participate in another CPR program.

The ASHI CPR Program covers the following information:

- Legal Considerations and Good Samaritan Law
- Standard Precaution
- Information Regarding heart disease and stroke
- Prevention:
 1. Recognition of signs and symptoms
 2. Good health advice
 3. Child Safety
- Emergency Response and the Sequence of Survival
- Easy-to-follow skills guides for:
 1. Basic Life Support
 - A. Adult
 - B. Child
 - C. Infant
 2. Foreign Body Airway Obstruction
 - A. Adult
 - B. Child
 - C. Infant
- An Introduction to Automated External Defibrillation
- An Introduction to Emergency Oxygen